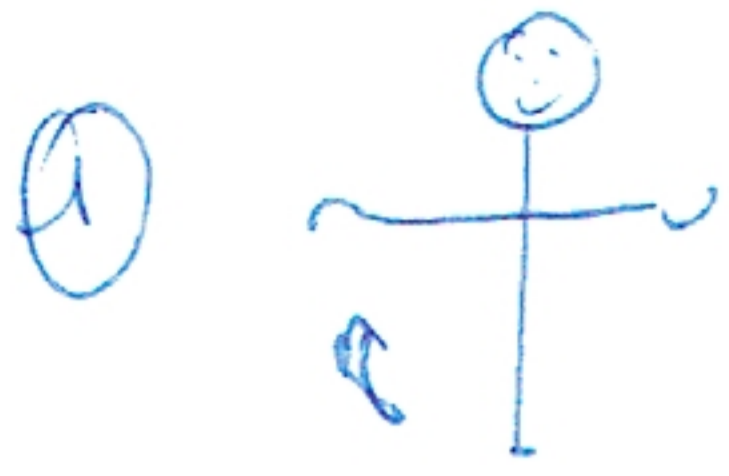
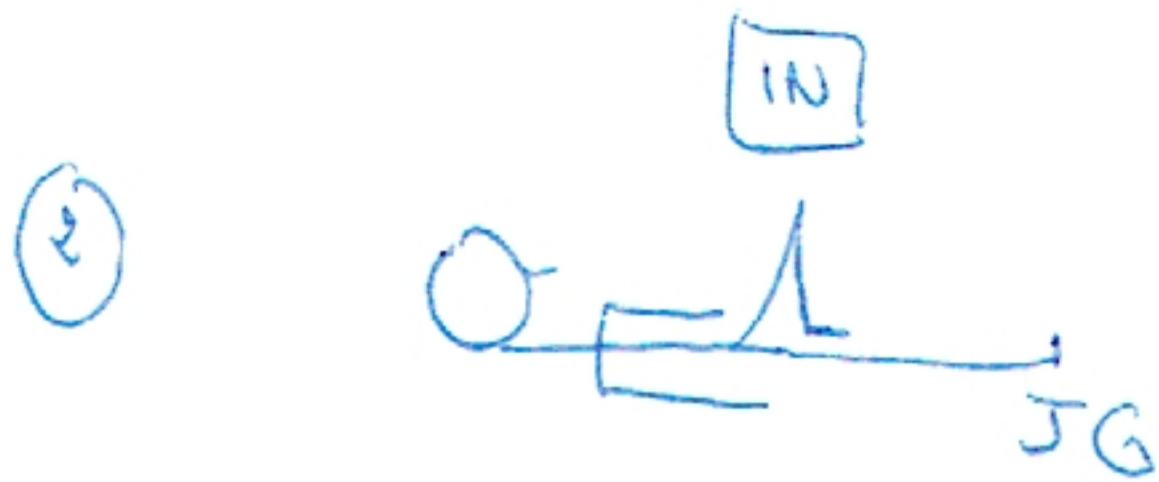


# EXERCICE DES 5 HEBERAINS



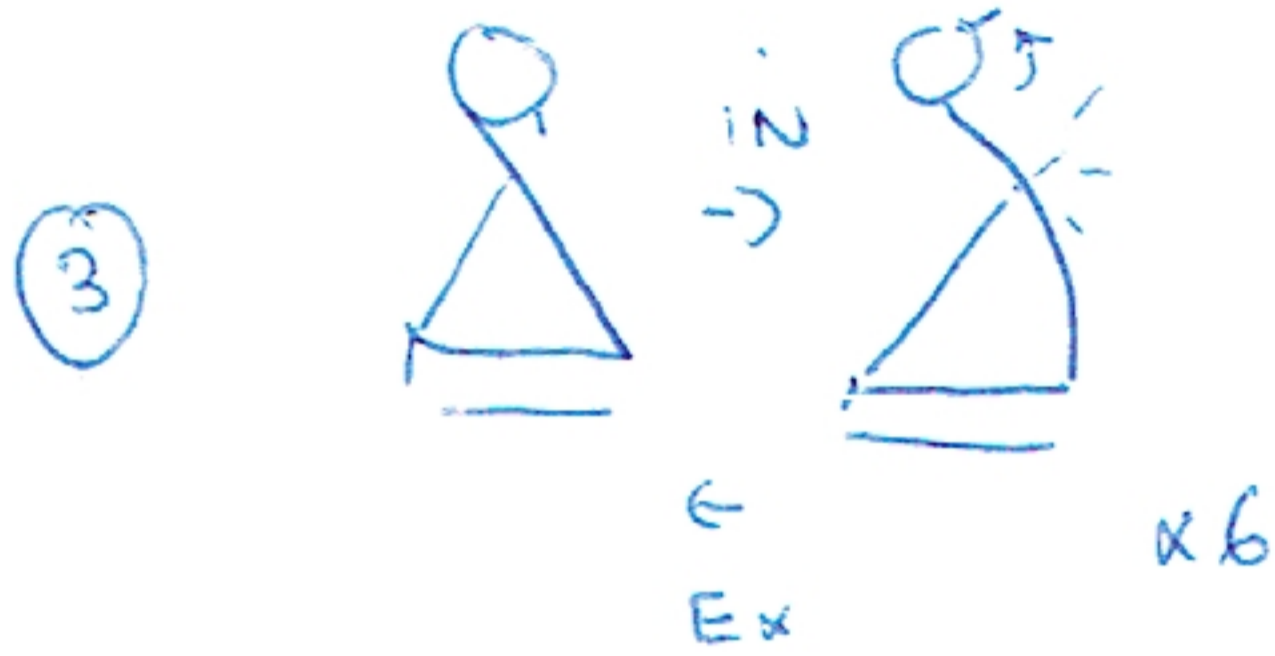
Tourner 6 fois dans le sens des aiguilles d'une montre



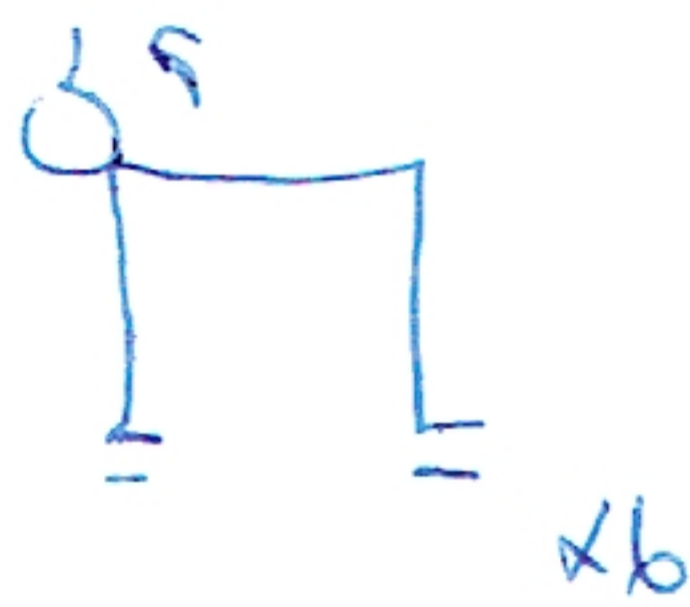
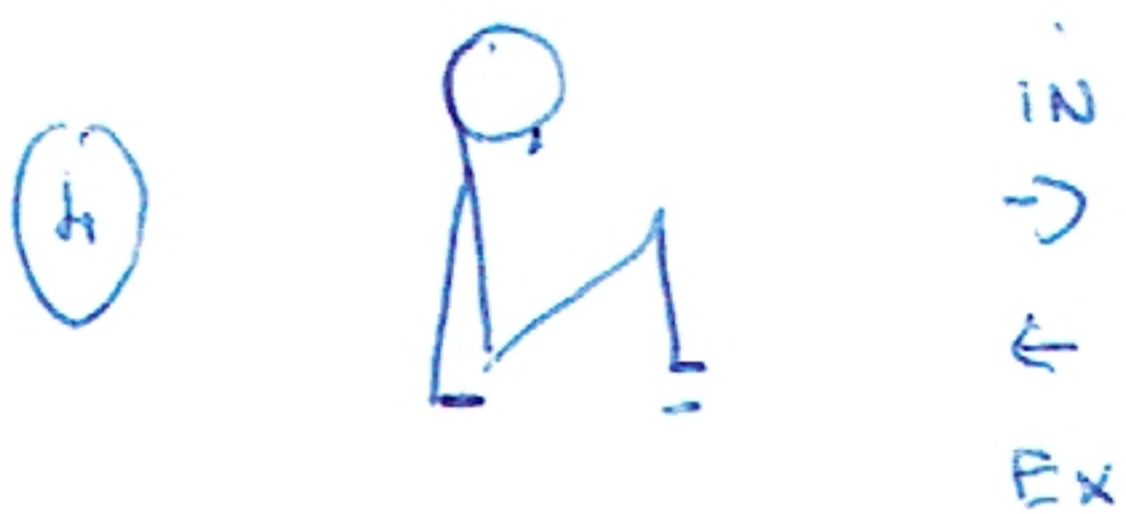
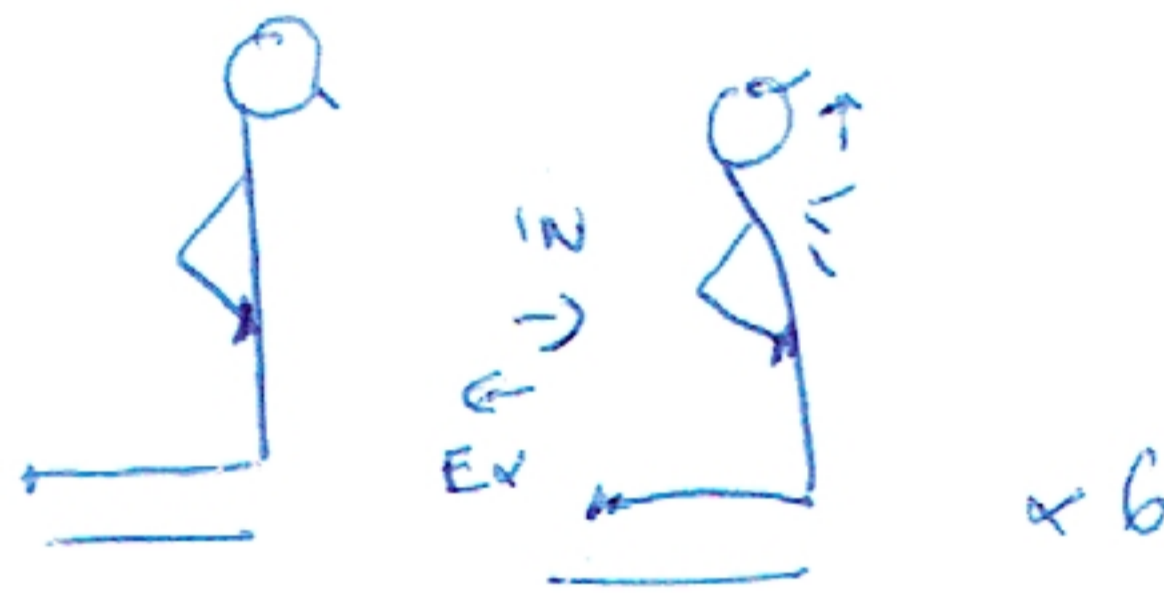
EX  
→  
←  
IN



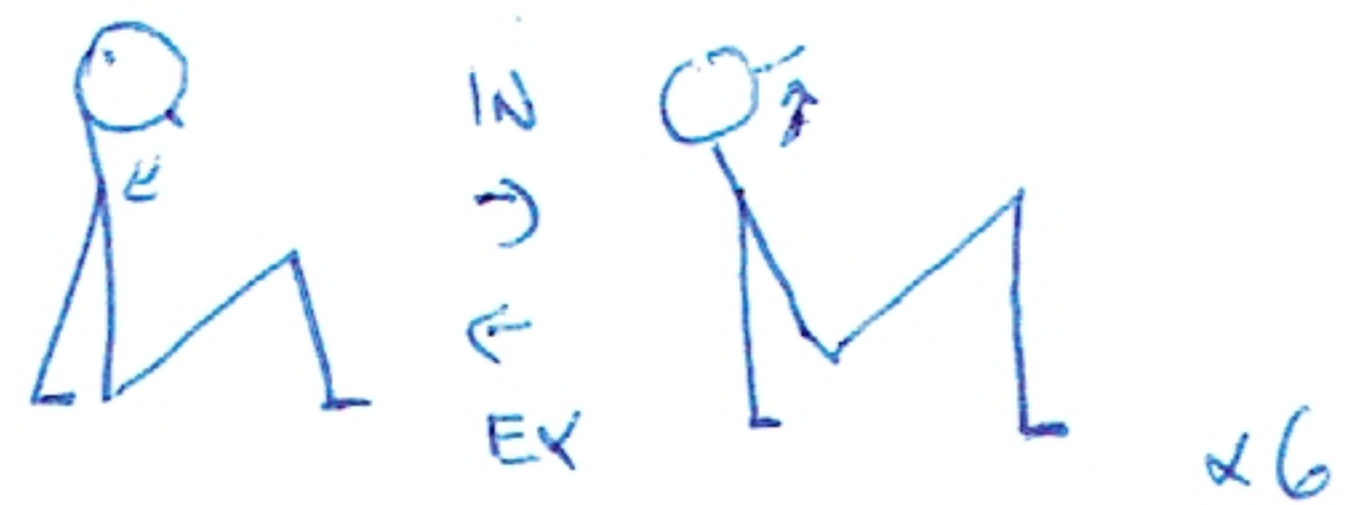
x6 C/C ALT



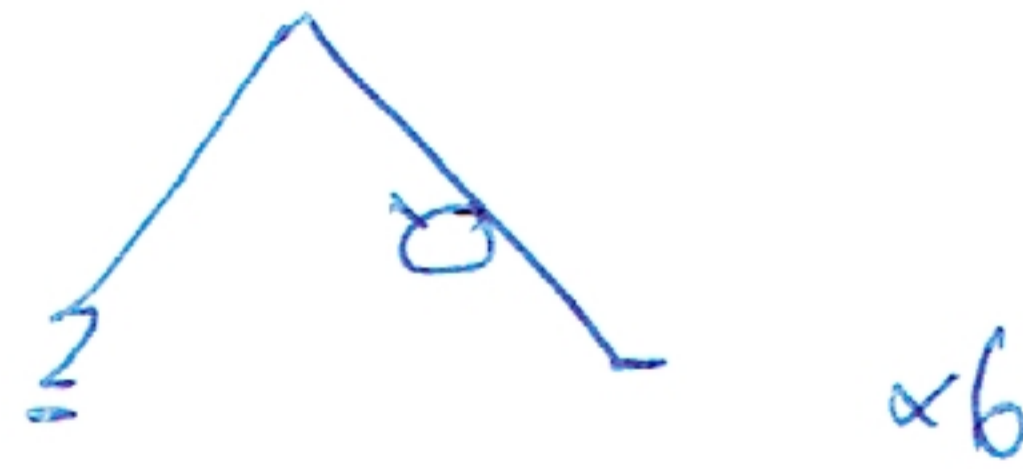
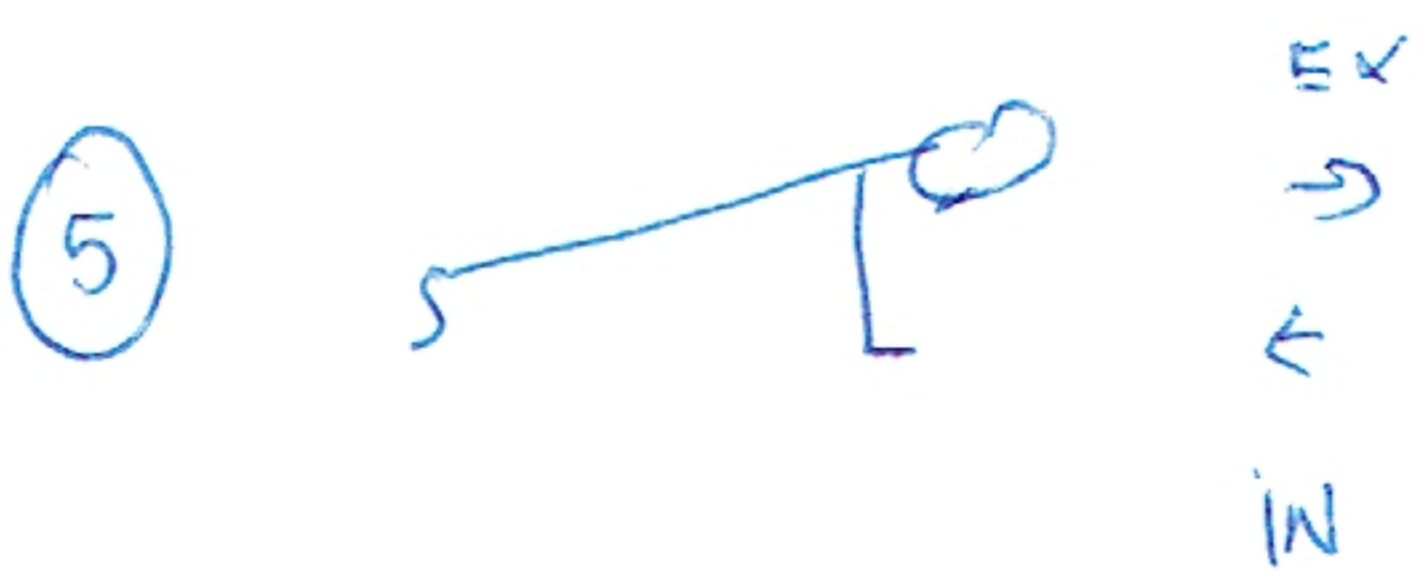
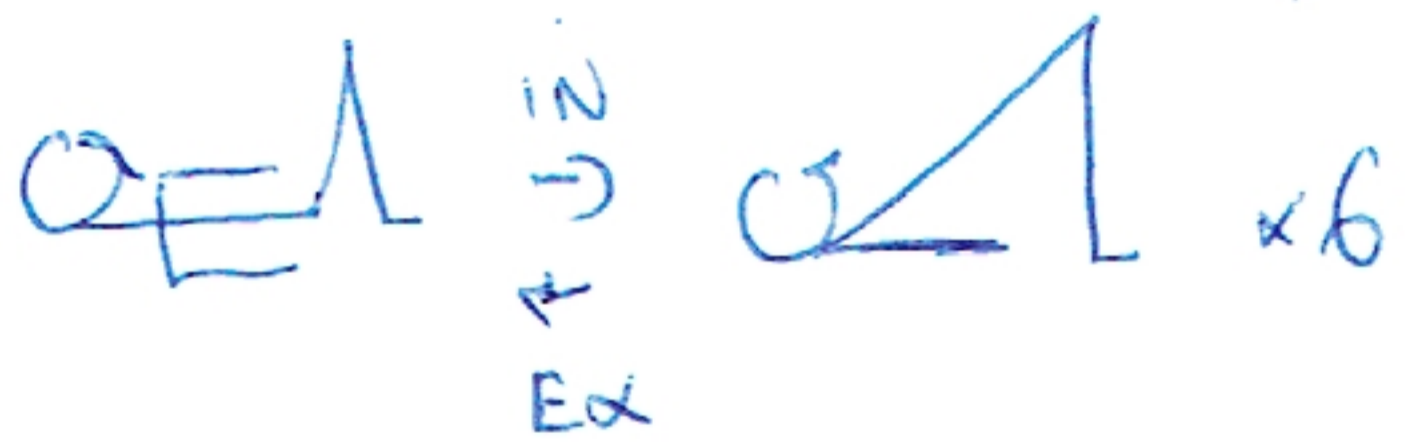
ou



ou



ou



ou

