

SALUTATION AU SOLEIL (1)

AVEC LE NOM DES POSTURES

EN SANSKRIT

SAMASTHITI



TADASANA



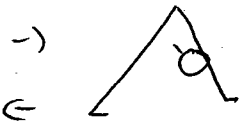
UTTANASANA



VIRABHADRASANA



ADHOMUKHA SVANASANA



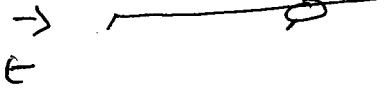
URDHVA MUKHA SVANASANA



ADHOMUKHA SVANASANA

TADASANA

SAMASTHITI



SALUTATION AU SOLEIL (2)

AVEC LE NOM DES POSTURES
EN SANS KRIT

SAMASTHITI



TADASANA



UTTANASANA



VIRABHADRASANA



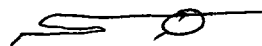
ADHOMUKHA SUANASANA



CAKRAVAKASANA



BALASANA



ADHOMUKHA SUANASANA

TADASANA

SAMASTHITI

